

Bloodborne Pathogens Annual Training (Optional)

Germ in blood and other body fluids are known as bloodborne pathogens (BBP). Workers exposed to BBP are at risk for serious or deadly infections. The most common and serious are Hepatitis B, Hepatitis C and HIV (the virus that causes AIDS).

BBP can spread through contact with infected blood or other body fluids. This includes contact with a mucous membrane; contact with an open cut, sore, nick or scrape; or a skin puncture from a needle or broken glass.

Prevent the spread of germs. Protect yourself and others. Use **Universal Precautions**. This means you treat ALL people as if they are infected with a BBP. Methods include:

1. Wear Personal Protective Equipment (PPE) to protect you from blood or other body fluids. Disposable gloves are PPE.
2. Wash your hands often and well. This includes before and after glove use.
3. Dispose of used PPE, sharps, and other waste properly.
 - a. Dispose of sharps as soon as you are done with them. Containers must be well marked. They must be leak and puncture proof. NEVER throw sharps into the trash.
 - b. Dirty supplies must be disposed of in a red or labeled bag.
 - c. NEVER reuse disposable gloves.
 - d. Don't pick up glass with your hands. Sweep it into a dustpan for disposal.
4. Disinfect blood or body fluid spills with a 10% household bleach solution.



Consumer Direct has an Exposure Control Plan. It tells what to do if you come in contact with blood or body fluid. Some rules to follow are:



1. Wash the exposed area well with soap and water.
2. See a doctor right away. Time can be crucial in preventing infection.
3. Report the contact to the Consumer Direct Injury Hotline. Make the report as soon as you can. The hotline is open 24/7 at 888-541-1701.
4. In some cases (like HIV contact) you may want to be tested. It is not required, but may tell you if you are infected. The Exposure Control Plan discusses testing.

Thank you for being safe!



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TEST YOURSELF
True or False?

[Score _____]

- | | |
|---|------------|
| 1. You only need to wash your hands when you leave work. | T F |
| 2. You should only apply Universal Precautions to people with a disease. | T F |
| 3. If disposable gloves are removed gently you can reuse them. | T F |
| 4. You can use bleach to disinfect blood drops on a tile floor. | T F |
| 5. If you are exposed to BBP, you must call the Injury Hotline right away. | T F |
| 6. Hepatitis C can spread through blood or other body fluids. | T F |
| 7. If you are exposed to BBP, you can wait until you show signs before you get help. | T F |
| 8. It is okay to wear your PPE home from work. | T F |
| 9. Used needles should go in the trash. | T F |
| 10. Proper disposal of used PPE, sharps, and other waste supplies can reduce the spread of BBP. | T F |

Direct Service Worker (DSW) Name
Please Print.

DSW Signature

Date

Participant's Name
Please Print.

Participant/Representative Signature

Date

